

# **Doctors for Doctors**

2023 Annual Report



(above) Nohelia facilitating a vaccine campaign in rural Nicaragua

## Founder's Message by Andrew Wilson

Doctors for Doctors (DFD) is important now more than ever for the rural populations it ultimately serves. In 2023 we continued to provide full medical scholarships to very bright leaders in Nicaragua and build community with doctors in Nicaragua and Canada through online medical discussions. Our graduates continue to seek out rural patients and deliver health care and our students are advancing their knowledge through their schooling and providing education to rural populations. I am thrilled to say that the Days for Girls education campaign in rural Nicaragua continues to thrive, educating young women about their sexual and reproductive health. Since the founding of DFD in 2010, it has been a true joy of mine to watch the doctors that have graduated through our program become mentors to the younger students we continue to sponsor. I am excited to see what the 2024 year brings DFD.

"You make the path by walking on it"

-Antonio Machado



(above) Our newest student, Nohelia, is learning how to use a microscope for the first time in her first year of medical school. She has a long journey ahead of her and we are excited to watch her succeed!

## Student Leaders in the Scholarship Program

#### Nohelia Damaris Lopez



Nohelia is happy to be studying medicine because she wants to serve people, and help patients get earlier diagnoses of their illnesses. In her first year of medicine, she was pleased to find that the instructors listen to the students, and she enjoys learning something new every day, about not only physical, but mental health. In her free time, she enjoys art, visiting the University library, reading, singing and dancing.

#### Jimena Lugo Guillen

Jimena has just completed her fourth year, so is now more than halfway through her studies. She's grateful for the opportunity to develop different professional, social and personal abilities through studying medicine, and that the students put the theory they learn into practice. She enjoys cooking, watching series and movies, and learning about non-medical topics.



### Brandon Vargas

Brandon had a very busy year with both classes and hospital shifts. He has grown into a confident professional and after seven years of intensive studies, will devote 2024 to working on his final project, required for graduation as a doctor. A highlight this year was getting engaged to his longtime girlfriend!

#### Dr. Bryan Carrillo and Dr. Kimberly Lopez



Bryan and Kimberly, DFD's two alumni doctors, trained as cardiac sonographers to support a prominent American cardiologist, Dr. Matthew Lawlor's research on rheumatic fever in Nicaragua, and have been collaborating with his project for the last two years. They were thrilled to have an article published in a medical journal this year (A Pilot Rheumatic Heart Disease Screening Program Using Portable, Handheld Echocardio- graphy in Rivas, Nicaragua).

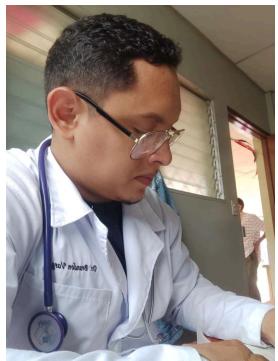
Kimberly also keeps busy giving consults at her own pharmacy in a rural community, and at home, playing with her three-year-old daughter. Like Brandon, Bryan may soon be married!

## **Project ECHO Online: Monthly Collaborative Medical Workshops**

Doctors for Doctors first implemented *Project* ECHO with the help of Global Peace Network and Dr. Brian Budgell in 2021. Through Project ECHO, our students, alumni, and partners convene virtually each month to discuss difficult patient cases. It's our regular opportunity to learn together, challenge each other and have some educational fun. It has been such a success with our students that we continued to operate the program in 2023 and plan to expand it in the future to provide even more benefit to our students. We also plan to add in person clinical case discussions in the coming year.

## 2023 Photos from Nicaragua!

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(top left) Brandon filling out a "small mountain" of paperwork after his hospital shift.

(top right) Jimena receiving flowers after caring for hospitalized elderly patients.

(bottom left) Jimena assisting with her first surgery under her clinician. She was very excited about her first surgical rotation!

## **Financials**

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In 2023, we raised \$10,820 from public donations. All of these funds go towards paying for the medical education of amazing young people in medical school (Noellia, Jimena and Brandon for this year) who can't wait to become doctors in their communities.

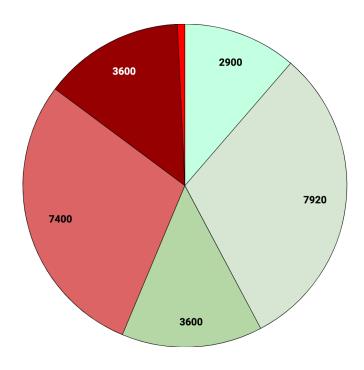
We spent \$7590 in 2023: \$7400 went to empowering local heroes (this includes our Executive Director in Nicaragua) and \$190 for operations.

All of the money donated from the public in 2023 went directly to supporting our students, Noellia, Jimena and Brandon, and our Alumni Network, who are at various stages of their medical journey. Our operational costs are covered by the private donations from our Board of Directors, core donors, and gifts in kind.

	REVENUE*	EXPENSES*
Canada Helps	2900	
Other Donations / Income	7920	
In-Kind Donations	3600	
TOTAL REVENUE	14,420	
Student Payments		7400
Alumni Support		0
Additional Student Support		0
ED in Nicaragua		0
Materials + Bank Fees + Event Costs		190
Rent/Equipment (In-Kind)		3600
TOTAL EXPENSES		11,190

 $<sup>{}^\</sup>star Numbers$  are rounded approximations and should not be used for legal or tax purposes.

### **Cash Flow Summary**



- Canada Helps
- Other Donations/Income
- In-Kind Donations
- Student Payments
- Rent/Equipment
- Event/Ops Costs

## Looking Ahead by Andrew Wilson

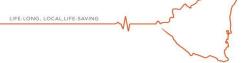
In 2024, we plan to focus on the following five areas in our work:

- 1. Continue supporting our newly graduated doctors, Dr. Bryan and Dr. Kimberly, in their careers.
- 2. Support our medical students; Nohelia in her 2nd year, Jimena in her 5th year and Brandon in his 8th and final year of schooling.
- 3. With applications already under way, we hope to sponsor another new female medical student for 2024.
- 4. Facilitate medical outreach campaigns, such as *Days for Girls*, with our doctors and students to provide consistent health care in rural areas.
- 5. Coordinate and expand ongoing monthly project ECHO calls with doctors in Nicaragua and Canada for shared learning about patient care.

On behalf of our students, alumni, and all of us at Doctors for Doctors, we would like to thank you, our loyal donors, for your continued support throughout another year. Without your generosity, all of these incredible achievements would not have been possible.

 $Disclaimer: This \ document \ serves \ to \ represent \ DFD/NFN \ and \ its \ programs, \ volunteers \ and \ financials. \ If \ any \ inconsistencies \ are found \ between \ the information \ here \ in \ formation \ form$ and that reported to the Canada Revenue Agency, the information reported officially to the CRA shall be taken as true as changes and amendments may be made after the canada revenue Agency, the information reported officially to the CRA shall be taken as true as changes and amendments may be made after the canada revenue Agency, the information reported of the canada revenue Agency and the can the creation of this document.

> To donate or receive more information contact: Michael Carlson, Director of Canadian Operations 647-389-6949 // ops@doctorsfordoctors.ca





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